

# FALLSTON CUP TOURNAMENT ROSTER REQUIREMENTS

Additional info regarding the tournament, including rules, updates, accepted teams, schedules, etc. can be found on the tournament website at [www.FallstonCup.com](http://www.FallstonCup.com)

## 1. TEAM ONLINE CHECK IN, ROSTER REQUIREMENTS, AND ONSITE ROSTER REQUIREMENTS

- A. All teams are required to check-in online prior to tournament play.
  - i. Teams will be required to upload a roster to their GotSoccer account.
    - (1) Questions should be submitted via email to: [boyscup@fallstonsoccer.com](mailto:boyscup@fallstonsoccer.com) (for the Boys Cup) or [girlscup@fallstonsoccer.com](mailto:girlscup@fallstonsoccer.com) (for the Girls Cup).
- B. All players' jersey numbers shall be unique
- C. No player shall play for more than one team during the tournament
- D. Participation is open to accepted teams meeting the roster limit and player age limit as defined by US Soccer Guidelines and the tournaments' permission to host.
  - i. U8 through U10 will play small sided (7v7) with a maximum roster of twenty (20) players; maximum of 14 players may dress for a game.
  - ii. U11 through U12 will play small-sided (9 v 9) with a maximum roster of twenty (20) players; maximum of 16 players may dress for a game.
  - iii. U13 through U14 will play full-sided (11v11) with a maximum roster of twenty-two (22) players; maximum of 18 players may dress for a game.
  - iv. U15 and older will play full-sided (11v11) with a maximum roster of twenty-five (25) players; maximum of 25 players may dress for a game.

## 2. TRAVEL/CLUB TEAM ROSTER REQUIREMENTS

- i. What is needed for Travel/Club Team online check-in:
  - (1) A copy of your state approved roster. This tournament is open to all US Soccer Federation (USSF) affiliates.
  - (2) Age groups are determined using birth year age rules.
  - (3) Guest Players
    - (a) Any guest player(s) must appear on the roster either added electronically or hand written
    - (b) A maximum of two (2) guest players will be allowed during the tournament.
    - (c) All guest players are required to have the same information included on the roster as the 'original' team members.
    - (d) Include the proof of age for guest players with your online upload. This may be a player pass or birth certificate
- ii. What is needed for Travel/Club Teams onsite during the tournament:
  - (1) All teams will be required to have the approved roster and player passes onsite and must include the guest players' names on the roster as stated above
  - (2) Proof of age for guest players as listed above

## 3. REC/ALL-STAR TEAM ROSTER REQUIREMENTS

- i. What is needed for Rec/All Star Team online check in:
  - (1) For Rec/All Star teams ONLY, age groups are determined using age as of August 1.
  - (2) No player rostered on a travel/club team for the current season shall play on an All Star/Rec team
  - (3) All Star/Rec teams will be required to submit typed roster
    - (a) Required information:
      - (i) List all non-players names and a contact number who will be on the bench side of the match
      - (ii) Player name, birthday, jersey number, parent name, parent contact
- ii. What is needed for Rec/All-Star teams onsite during tournament:
  - (1) A copy of the uploaded roster
  - (2) Copies of proof of age for all players in the form of a birth certificate